

## StageSkilz Socially Distancing Drama Workshops

These are aimed at everybody who takes part in a production.

Acting is not necessarily about speaking although we will cover some of the basics of vocal technique, to give people more confidence and learn some tricks of the trade and many of these techniques can also be used when singing too.

These are useful not just on stage but are transferable skills which can be useful when giving a presentation at work or going for a job interview.

Above all, we want you to learn some useful skills, enjoy the evening and have Fun!

### 1) Vocalisation and Speech for the Theatre



These Workshops are aimed at working with the attendees to improve their Speech and Drama skills and learn some techniques to improve their acting ability.

Basics of acting techniques including the 4 P's (Pitch, Pace, Pause and Power), TTP & L (Teeth, Tongue, Palette and Lips), resonance and tone and tips of the trade.

We will also look at Posture, breath control, the Diaphragm and how we use it. e.g how to create a range of emotions through different breathing techniques

Working with Diction and Annunciation to help with performance skills in preparation for delivering Audition Dialogue.

### 2) Character Development



This workshop moves on from the vocal basics and into how to create a character through physical acting and body language.

We will look at personality and physical characteristics and relate that to people we know (You can start looking at the people around you in everyday life and their habits and traits – but try not to stare or get arrested!!)

We will work on how to use physical performance skills (the use of your body and gestures to enhance your acting and character – not circus tricks – I promise!) and what not to do!

Expressions – what our face is saying that our words are not (we will even discuss how wearing a mask in today's world changes how we read peoples emotions)

What are the base skills used to create a full character? We will work on:

- Physical Traits
- Vocal Traits
- Emotions
- Facial and physical expressions
- Audition Preparation

### 3. Dialogue Techniques and Monologue performance



We will do some group work on dialogue techniques, look at interpretation, subtext and participants will be given a monologue to prepare prior to the workshop. These will be worked on as a group but If time allows Participants can volunteer and/or names will be randomly drawn out a hat.

Those who present a short monologue will be given constructive feedback to improve their performance skills.

### 4. Movement for Non-Movers



In musical theatre today dance and movement are an essential part of every performance. For those who find movement challenging because they are not dancers this workshop will look at the skills required to make simple movement easier and to help learn the tricks to stylise those moves.

Having two left feet, dodgy knees or no sense of rhythm are not excuses to avoid this workshop!!